ROCKY LAKE JUNIOR HIGH

WEEK AT A GLANCE

OCT 21-25, 2024



IMPORTANT:

Parents are reminded to not park/stop at any of the nearby commercial business parking lots located on Duke Street when picking up or dropping off students.

Avoid that mid-morning thirst by making sure you pack a water bottle every day.





Fall days can have unpredictable weather. Make sure your child is dressed for it. Part of their day is often outside.

Guess what - students aren't permitted to leave school grounds during lunch. That means no lunch hour journeys off property.



Need to report your child's absence?

SAFE ARRIVAL LINE

1-833-582-6940

UPCOMING EVENTS

Friday, October 25

NO SCHOOL
(NSTU Conferences for teachers)

Wednesday, November 6 *Grade 9*Take Your Kid to Work Day

Monday, November 11

NO SCHOOL
Remembrance Day

Monday, November 18 School Photo Retake Day

Wednesday, November 27 Grade 7 Immunization Day

Responsible Chromebook Habits:

- · No eating or drinking while using the Chromebook
- · Having a piece of masking tape with your name and homeroom on your device and charger is a good idea (personal or school)
- · Don't use Chromebooks outside at lunch time—these can be accidentally damaged or forgotten.
- · Do charge them at home nightly, try to have one consistent spot to plug in.
- · Carry your Chromebook in your zippered binder or backpack.
- ·Try not to throw binders and backpacks down roughly.

School Bus Safety Reminders



- Respect and listen to the driver
- Keep noise levels to a minimum
- Do not stand or move seats while the bus is moving
- Never put your hands, arms, feet or head out of the bus windows
- Ask the driver for permission before you open the bus windows.
- Do not throw anything inside the bus or out of the windows
- Keep the aisle clear at all times when the bus is in motion.

Student of the Month

Each month school staff members, students and community members are invited to submit candidate names for RLJH Student of the Month. Our goal is to acknowledge and celebrate the positive contributions and personal achievements being made at school and in the community, and to create a school climate that fosters integrity, resilience and equality.

Criteria may include, but is not limited to:

Character- displays one or more of the following: kindness, compassion, adaptability, positivity, trustworthiness, honesty, perseverance, responsibility, respect and loyalty.

Behaviour- shows respect to peers, teachers, school staff and community members, both in and outside the classroom.

Effort- displays hard work and persistence, approaches the acquisition of a new skill with optimism and determination, helps others.

Academic Performance- works hard and contributes, shows a marked improvement in performance

Citizenship- demonstrates strong leadership, inclusion of peers, makes a positive contribution to the school and/or local community

Impressive Personal Performance - shows an outstanding achievement in athletics, fine arts (or other) at the school, community, provincial or national level

Nominations can be made through a Google Form available at the following URL: https://forms.gle/DC2dy9QwVMAe1LB6A, or you can email your nomination and a brief description of why you feel the student is a deserving candidate to

Carolyn Clattenburg (carolyn.fleming@hrce.ca)

Take Our Kids to Work Day (Grade 9s only)



Take Our Kids To Work Day for Grade 9 students will take place on **November 6, 2024.**

All Grade 9 students are expected to participate in this career exploration opportunity or to attend school.

Students and their families will be responsible for finding a placement.

If students can't go with a family member, please start brainstorming ideas of where your child can go (with a relative, family friend, coach, neighbour, or reach out to local worksites your child may be interested in.)

Students going with a family member or HRCE personnel, such as a school administrator, teacher, EPA (or other staff member as approved by the principal) are only required to fill out the "Parental/Legal Guardian Consent Form for School Trip Form" (sent home last week).

Students going with someone other than a family member or authorized HRCE personnel are required to fill out the Parental/Legal Guardian Consent Form for School Trip Form and the CBL Risk Assessment Form. You can find extra copies of these forms on the School Counsellor's Website under the "Jobs & Careers" tab, or students can ask their ELA/FLA teacher for extra forms.

SPORTS





- Boys' soccer semi-finals against West Bedford @ RLJH at 3pm
- Girls soccer semi-finals against Five Bridges @RLJH at 4:10pm
- Girls Volleyball Practice for Roster and Practice Players 2-4:00 pm

TUE 22

• Boys Volleyball Practice for Roster and Practice Players 2- 4:00 pm

WED 23

- Cross-Country practice on Wednesday after school from 2-3:00pm.
- Possible girls' soccer final game starting at 3:00pm, depending on the results of the Monday game. Opponent and location is TBD
- Possible boys' soccer final game starting at 4:10pm, depending on the results of the Monday game. Opponent and location is TBD

THU 24

- Boys Volleyball Practice for Roster Players 2:00-4:00 pm
- Girls Volleyball Practice for Roster and Practice Players 2:00-4:00 pm

Important Reminder:

Please make sure that if your tryout time is at 3:30 that you are going home first getting a ride back to the school.

Any students who are staying after school for tryouts should arrange for drives to be at the school for the tryout's end time.